Before using, be sure to read these written explanations.

Also please put it in a safe place, so that you can read them when necessary.

#### OTC drug for the alleviation of spots (limited to melasma)

Class 1 OTC medicine



Tackles melasma Contains tranexamic acid

#### **Characteristics of TRANSINO EX**

TRANSINO EX is an OTC drug containing tranexamic acid, an active component to alleviate melasma. Take 2 tablets twice daily.



# **Precautions**



## Things to avoid

(If you do not follow these instructions, the current symptoms may worsen, or adverse reactions are more likely to occur.)

- **1. This product should not be taken by the following persons.**Persons undergoing dialysis (convulsions may occur)
- **2.Do not take the following medications while taking this medicine.**Other oral medications containing tranexamic acid



## Things to consult

- 1. The following persons should consult a physician or pharmacist.
- (1) Persons who are receiving treatment from a physician or dentist.
- (2) Women who are pregnant or supposed to be pregnant
- (3) Nursing women
- (4) Persons who are 55 years or older
- (5) Persons who have had an allergic reaction to a drug, etc.
- (6) Persons having blood clots (cerebral thrombosis, myocardial infarction, thrombophlebitis, and pulmonary embolism, etc.)

- (7) Persons who may develop thrombosis (Persons who have experienced thrombosis, persons having family member who have experienced thrombosis, persons who have diagnosed as having congenital coagulation abnormality by a physician, persons who are taking oral contraceptives, hormone replacement therapy, or other medication that may cause thrombosis.)
- (8) Persons diagnosed as having the following disease: Kidney disease
- 2. If the following symptoms are observed after taking this drug, these may be adverse reactions, so immediately discontinue the use of this drug, and show this instruction to your doctor or pharmacist.

Related Part	Symptoms	
Skin	Rash/redness, itching	
Digestive system	Nausea/vomiting, abdominal pain, loss of appetite, heartburn	
Cardiovascular system	palpitations	
Neuropsychiatric system	Headache, dizziness	

3. If any of the following symptoms appear, and persist or increase after taking this medicine, discontinue taking the product and consult a doctor, or pharmacist with this instruction.

Diarrhea

4. If there is difficulty in identifying the pigmentation as melisma, or if the pigmentation is dark and having no-uniformity in color, as well as raised above the skin surface, consult a dermatologist.

### **Other Precautions**

- 1. This medicine contains an ingredient that may make it difficult for blood clots to dissolve. If you have any initial symptoms of thrombosis\*\*, please refrain from taking this medicine immediately.
- ※Initial symptoms of thrombosis: Severe headache/twisted tongue, tightening chest pain lasting for 10 minutes or longer/sudden shortness of breath, pain and edema of one leg, sudden unexplained dyspnea/transient unconsciousness accompanied by chest pain.
- 2. Do not take this medicine for more than 2 months continuously. However, it is recommended to take it for about 1 month, which enables this medicine to take effect.
- 3. In the event of recurrence of melasma after stopping medication, it is available to take this medicine again, however, there should be an interval of at least 2 months before restarting. And do not take it for more than 2 months after restarting medication.
- 4. Since the degree of improvement of pigmentation varies from person to person, this medicine is not necessarily beneficial for everyone. Even when this medicine is effective, the pigmentation may not disappear completely.

# **Indications**

Limited to melasma

# **Dosage and Administration**

Take the following amount with cold or warm water.

Age	Amount per dose	Daily dose
Adult (age of 15 and above)	2 table 🔾 🔾	Take twice a day after meals daily
Under 15 years	Do not use.	

- <Pre>cautions related to Dosage and Administration>
- (1) Strictly follow the dosage and administration guidelines.
- (2) How to put out a tablet: As shown in the illustration on the right, push the tablet out firmly with the fingertip from the convex side of the PTP sheet through the aluminum foil on the other side to put out the tablet. (If the PTP sheet is swallowed, the sharp corners of the sheet may puncture the esophageal mucosa or other accidents may occur.)



### **Ingredients and Quantities**

This product contains the following ingredients per 4 tablets.

Ingredients	Amount
Tranexamic acid	750 mg
L-cysteine	240 mg
Ascorbic acid (vitamin C)	300 mg
Pyridoxine hydrochloride (vitamin B <sub>6</sub> )	6 mg
Calcium pantothenate	24 mg
Nicotinamide	40 mg

Other ingredients: Calcium Lactate, Cellulose, Croscarmellose Sodium, Hydroxypropylcellulose, Magnesium Stearate, Hypromellose, Macrogol, Talc, Titanium Oxide, Iron Sesquioxide, Carnauba Wax

### <Pre><Pre>cautions related to Ingredients and Quantities>

This medicine may have an influence on urine and stool test results. In the case of clinical test by physician, inform them of medication with vitamin C containing medicine.

### **Storage and Handling Precautions**

- (1) Store in a cool place with little humidity and out of direct sunlight.
- (2) Store out of reach of children.
- (3) Do not put in a different container. (It can lead to misuse or lowering of quality.)
- (4) Do not ingest the activated carbon sheet in the inner bag (aluminum bag).
- (5) Do not use this medicine after their expiration dates written. Even if not expired, once the inner bag (aluminum bag) has been opened, this medicine should be used as soon as possible.

#### To alleviate spots effectively

Avoid constant exposure to UV rays, which cause skin aging and create more spots and wrinkles. It is recommended to wear a long-sleeved shirt even in the summer, to wear a hat and sunglasses, to use a UV-protection umbrella.

and apply sunscreen to protect your skin from UV ravs.

If you have any questions about this product, please contact the store where you purchased it or at the following address: Daiichi Sankvo Healthcare Co., Ltd. TRANSINO consultation office 3-14-10. Nihonbashi, Chuo-ku, Tokvo, Japan zip/postal code 103-8234 TEL: 0120-013-416 Reception Hours: 9:00 am -5:00 pm (closed Saturday, Sunday, and

#### What is Melasma?

Melasma is a skin pigmentation that commonly occurs on the face of women. Melasma is thought to be relating to female hormones as the symptom is induced or get worsen by being pregnant, or by using of oral contraceptives or such.

Ultraviolet radiation slightly worsens the symptom. Melasma is characterized by a light brown color, slightly larger size and developing symmetrically on both sides of the face along the cheekbones. Few elderly people are known to have melasma. Laser treatment reportedly worsen the symptom.

#### Melasma



Typical case



Extensive case

#### Freckles



These are small patches of pigment which have been present since childhood. and are not melasma.

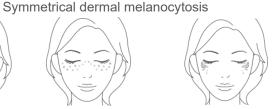


Typical case

Not melasma.



Mild case 1 These are small, scattered. round patches of pigment with little changes, such as becoming light or dark, by the season. They look like freckles and are not melasma. Not melasma.



Mild case 2 These small, round patches of pigment are grouped. Such patches hardly change by the season but worsen with age. Not melasma.

• Pigmented contact dermatitis, which is pigmentation induced by repeated use of cosmetics, and other symptoms also look like melasma but is not.

Please check at www.transino.jp for more information about TRANSINO.

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Manufacturer and seller

# Daiichi Sankyo Healthcare Co., Ltd.

3-14-10, Nihonbashi, Chuo-ku, Tokyo, Japan https://www.daiichisankyo-hc.co.jp/