

Before using this medicine, be sure to read this written instruction  
Also please keep it in a safe place so that you can read it when necessary.

07

## Oropharyngeal medicine

### Class 3 OTC Medicine

For painful stomatitis and sore throat

# トラフル錠<sup>®</sup>a

Trafal<sup>®</sup> Tablets a

Have you ever experienced the following problems with your mouth?

- ☒ It stings so much that I can't enjoy delicious meals.
- ☒ The pain makes it hard to talk.
- ☒ The discomfort is distracting me, and I can't focus on work.



Trafal Tablets a contains tranexamic acid, which suppresses inflammation.  
An oral medicine that targets the source of inflammation  
to alleviate pain and swelling.

### Characteristics of Trafal Tablets a

- Contains tranexamic acid, which suppresses inflammation to relieve pain and swelling.
- Contains crude licorice extract that suppresses inflammation.
- Contains vitamin B2, vitamin B6, and vitamin C, which are helping the skin and mucous membranes function normally.
- Easy-to-carry with PTP packaging.
- Can be taken from the age of 7.

Mechanism that works on  
inflamed areas



Image



## Precautions



### Things to avoid

(If you fail to follow these precautions, your present symptoms may worsen, or side effects may occur more readily.)

#### 1. Do not use any of the following medicines while taking this medicine:

- (1) Oral medicines which contain licorice or its main component, glycyrrhizinic acid (May cause edema, increase in blood pressure, or muscular disorders (myopathy), etc.)
- (2) Oral medicines containing tranexamic acid.  
(Oral medicines for rhinitis, cold medicines, antipyretic analgesics, antitussive and expectorant medicines, etc.)

#### 2. Do not take this medicine continuously for a long term.



## Things to consult

### 1. Consult with a doctor, pharmacist, or registered salesclerk before taking this medicine if:

- (1) You are receiving medical or dental treatment.
- (2) You are pregnant or might be pregnant.
- (3) You are elderly.
- (4) You have experienced allergic reactions to medications before.
- (5) You are experiencing any of the following symptoms:  
Edema
- (6) Persons who experienced any of the following diseases:  
Hypertension, heart disease, kidney disease, thrombosis (cerebral thrombosis, myocardial infarction, thrombophlebitis, etc.) or you are at risk of developing thrombosis

### 2. If any of the following symptoms occur after taking this medicine, they may indicate side effects. Discontinue use immediately and consult with a doctor, pharmacist, or registered salesclerk with this instruction leaflet.

Related Part	Symptoms
Skin	Rash/redness, itching
Digestive system	Nausea/vomiting, heartburn, loss of appetite or increased appetite, stomach discomfort
Neuropsychiatric system	Dizziness
Urinary system	Frequent urination

In rare cases, the following severe symptoms may occur. In such cases, seek medical attention immediately.

Name of Symptom	Symptoms
Pseudoaldosteronism, myopathy	In addition to listlessness, numbness, stretched feeling, and stiffness of hands and feet, feeling of weakness and muscular pain will appear and gradually progress

### 3. The following symptoms may be observed after taking this medicine. If these symptoms persist or worsen, discontinue use, and bring this instruction to a consultation with your doctor, pharmacist, or salesclerk.

Diarrhoea



### 4. If symptoms do not improve after 5-6 days of dosing, stop taking this medicine and bring these instructions to a consultation with your doctor, pharmacist or registered salesclerk.

## Indications

Stomatitis, pharyngitis/tonsillitis (throat swelling and throat pain)

## Dosage and Administration

Take the following amount with water or warm water.

Age	Amount per dose	Number of doses per day
Adults (15 years or older)	2 tablets 	3 times Take the tablets in the morning, at noon, and in the evening.
7 to 14 years old	1 tablet 	
Under 7 years old	Do not use.	

### <Precautions related to Dosage and Administration>

- (1) Strictly follow the Dosage and Administration.
- (2) Available to take either before or after meals.
- (3) Use for children aged 7 or older should be supervised by guardians.
- (4) How to take out the tablets:

As shown in the figure on the right, use your finger to push the PTP sheet that contains the tablet. Take off the aluminum foil on the back and ingest the tablet. (If you mistakenly take the tablet with the wrapping on it, it could puncture the mucous membrane of the esophagus and lead to other unknown consequences.)



## Ingredients and Quantities

This product is a pale-yellow film-coated tablet, containing the following ingredients per 6 tablets.

Ingredient	Quantity	Function
Tranexamic acid	750 mg	It suppresses the overproduction of the enzyme plasmin in the body when inflammation or allergy occurs. As a result, this brings relief to symptoms such as pain and swelling in the mouth and throat.
Crude Glycyrrhiza Extract	198 mg (990 mg as crude drug)	Extract taken from a medicinal plant, licorice. The main component is glycyrrhizin, which helps to suppress inflammation and allergies.
Pyridoxine Hydrochloride (Vitamin B6)	50 mg	This ingredient helps to maintain the normal function of the skin and mucous membrane.
Riboflavin (Vitamin B2)	12 mg	
Sodium L-ascorbate (Vitamin C Sodium)	500 mg	

Additives: Cellulose, Silicic Anhydride, Hydroxypropylcellulose, Corn Starch, Croscarmellose Sodium, Talc, Magnesium Stearate, Hypromellose, Titanium Oxide, Macrogol, Iron Sesquioxide, Carnauba Wax

### <Precautions related to Ingredients and Quantities>

- (1) The riboflavin (Vitamin B2) contained in this product may turn the urine yellow.
- (2) Taking this product may affect the results of laboratory tests performed on the urine or feces. If you are examined by doctors, tell them that you are taking a medicine containing Vitamin C.

## Storage and Handling Precautions

- (1) Store in a cool place with little humidity and out of direct sunlight.
- (2) Keep out of reach of children.
- (3) Do not transfer and keep in a different container. (It can lead to misuse or lowering of quality.)
- (4) Please do not use the product after the indicated expiration date. From the perspective of quality assurance, after opening the inner package (foil pouch), use the product within 6 months.
- (5) Write the date the inner package (foil pouch) was opened in the "Date Opened" field on the box.

### Regarding stomatitis

Stomatitis is the general term for inflammations with small ulcers on the mouth's mucous membranes, such as inside the cheeks, tongue, and inner lips. Causes can vary from accidental bites and injuring the mucosa, imbalanced nutrition, fatigue, lack of sleep, and/or stress. The pain and stinging in the affected area often make it difficult to eat or talk.

Stomatitis  
Prevention

- Make sure to eat a well-balanced diet.
- Try to maintain a regular sleep schedule and lifestyle.
- Try to manage your stress healthy and avoid overexertion.
- Try to limit alcohol, tobacco, and stimulant foods.
- Chew gum or eat candy to secrete saliva to keep your mouth moist.
- Brush your teeth after eating regularly to maintain oral hygiene.

If you have any questions about this product,  
please contact the store where you purchased it or at the following address:

**Daiichi Sankyo Healthcare Co., Ltd.**  
**Customer Service Center**

3-14-10, Nihonbashi, Chuo-ku, Tokyo, Japan zip/postal code 103-8234  
TEL: 0120-337-336

Reception Hours: 9:00 am -5:00 pm (closed on Saturdays, Sundays, and holidays)

<https://www.daiichisankyo-hc.co.jp/>

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Sales Company

**Daiichi Sankyo Healthcare Co., Ltd.**

3-14-10, Nihonbashi, Chuo-ku, Tokyo, Japan

Manufacturer & Marketing Authorization Holder

**SHIGAKEN PHARM. IND. CO., LTD.**

879 Taki, Koka-cho, Koka, Shiga