Common cold medicine

Before using, be sure to read these written explanation. Also please put it in a safe place, so that you can read them when necessary

For sore throat, fever, runny nose, nasal congestion, cough, phlegm

# Designated Class 2 OTC medicine 新ルルルムコール Shin Lulu ®A Gold DXa

#### Characteristics of Shin Lulu A

- A comprehensive cold medicine that is highly effective for all 11 symptoms of a painful cold. Can be taken by the whole family. (Ages 7 and older)
- The anti-inflammatory ingredient [tranexamic acid] and antipyretic analgesic ingredient [acetaminophen] exert an excellent effect on sore throats and fevers.
- A long-lasting antihistamine ingredient [clemastine fumarate] and a parasympathetic nerve blocking ingredient [belladonna total alkaloid] exert a double effect on runny and nasal congestion.
- The expectorant component [bromhexine hydrochloride] makes it easier to produce the phlegm that causes coughing.
- These are small sugar-coated tablets with no bitter taste that are easy to take even for those who are not fond of medicines.



### **Precautions**



## Things to avoid

(If you fail to follow these precautions, your present symptoms may worsen, or side effects/accidents may occur more readily.)

- 1. This product should not be used by the following persons:

  - Persons who have had allergic symptoms with this product or its ingredients.
     Persons who have developed asthma after taking this product, other cold medicines or antipyretic analgesics.
- 2. Do not use any of the following medicines while taking this product:

Other cold medicines, antipyretic analgesics, sedatives, antitussives, expectorants, oral medicines containing antihistamine (oral medicines for rhinitis, motion sickness medicines, anti-allergic medicines or such), gastrointestinal analgesic/ antispasmodic medicines, oral medicines containing tranexamic acid

- 3. Do not drive vehicles or operate machines after taking this product.
- (Symptoms such as sleepiness, blurred vision, or abnormal dazzling may occur.) Do not drink alcohol before or after taking this product.
- 5. Do not use this product continuously for a long term.



# Things to consult

- The following persons should consult a doctor, pharmacist, or registered seller before use:
  - Persons who are receiving medical treatment from a doctor or dentist.
  - Women who are pregnant or suspect that they are pregnant. (2)
  - Nursing women. (3)
  - Elderly people. (4)
  - Persons who have had allergic symptoms with medicines or such.
  - Persons who have the following symptoms: (6)
    - High fever, dysuria
  - (7) Persons who have been diagnosed as the following conditions:

Thyroidal functional disorder, diabetes, heart disease, hypertension, liver disease, kidney disease, gastric/duodenal ulcer, glaucoma, persons who have a thrombosis (cerebral thrombosis, myocardial infarction, thrombophlebitis or such), persons who may develop a thrombosis.

2. If the following symptoms are observed after taking this drug, these may be adverse reactions, so immediately discontinue the use of this drug, and show this instruction to your physician, pharmacist, or registered seller for a consultation.

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Related Part	Symptoms		
Skin	Rash/redness, itching		
Digestive organs	Nausea/vomiting, loss of appetite		
Neuropsychiatric system	Dizziness, excitement, convulsions, headache		
Respiratory system	Shortness of breath, breathing difficulties		
Urinary system	Urination difficulty		
Other	Excessive temperature decrease, facial hot flashes, abnormal brightness		

In rare cases, the following severe symptoms may occur. If they do occur, immediately consult with your doctor,

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Name of Symptom	Symptoms
Shock (anaphylaxis)	Symptoms, such as itching of skin, urticaria, hoarseness, sneezing, itchy throat, breathing difficulties, palpitations, and clouding of consciousness may occur immediately after take.
Oculomucocutaneous syndrome (Stevens-Johnson syndrome), toxic epidermal necrolysis, acute generalized exanthematous pustulosis:	Hyperthermia, ocular hyperaemia, eye discharge, lip erosion, pain throat, widespread skin rash/redness, small pimples (small pustules) on reddened skin, general malaise, anorexia, etc. may persist or suddenly worsen.
<u>Drug-Induced Hypersensitivity Syndrome</u> (DIHS)	Widespread skin redness, systemic rash, fever, general malaise, swelling of lymph nodes (neck, armpits, groin, etc.)
Hepatic function failure	Symptoms, such as fever, itching, rash, jaundice (yellowing of skin and white of eyes), brown urine, general malaise, loss of appetite, etc. may occur.
Kidney disorders	Symptoms, such as fever, rash, reduced urinary volume, general oedema, general malaise, arthralgia (painful joints) and diarrhea, etc. may occur.
Interstitial pneumonia	Shortness and/or difficulties of breath when go upstairs or overwork, sudden dry cough and/or fever and its continuance
Asthma: Symptoms	Wheezing or hissing when breathing, and difficult breathing, etc. may occur.

3. The following symptoms may be observed after taking this drug. If these symptoms persist or worsen, discontinue the use of this drug, and bring these instructions to a consultation with your doctor or pharmacist or registered seller.

Constipation, dry mouth, drowsiness, blurred vision

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If you have taken the medicine for 5-6 times with no sign of symptoms abating, stop taking the
medicine immediately and bring these instructions to a consultation with your doctor or
pharmacist or registered seller.

# Indications

Relief of various symptoms of a cold (sore throat, fever, runny nose, nasal congestion, cough, phlegm, chills, headache, sneezing, joint pain, muscle pain)

# Dosage and Administration

Take the following amount with cold or warm water.

Age	Amount per dose	Daily dose
Adults (15 years or over)	3 tablets	
11 to 14 years	2 tablets	3 times.  Take within 30 minutes after a meal if possible.
7 to 10 years	1 tablet	
Under 7 years	Do not use.	

### <Pre><Pre>cautions related to Dosage and Administration>

- (1) Strictly follow the dosage and administration guidelines.
- (2) Use for children of seven years and over should be supervised by guardians.

## Ingredients and Quantities

This product is a white sugar-coated tablet. 9 tablets contain the following ingredients.

Ingredient	Quantity	Function
Clemastine fumarate	1.34 mg	Persistently suppresses allergic symptoms of a cold (runny nose, sneezing, etc.).
Belladonna total alkaloids	0.3 mg	Suppresses runny nose
Bromhexine hydrochloride	12 mg	Facilitates the production of phlegm, one of the causes of coughing.
Tranexamic acid	420 mg	Suppresses the source of inflammation [plasmin] and soothes swelling and pain in the throat.
Acetaminophen	900 mg	Reduces fever and relieves headache and joint pain.
dl -methylephedrine hydrochloride	60 mg	Expands bronchial tubes and relieves coughing.
Dextromethorphan Hydrobromide Hydrate	48 mg	Acts on the coughing center to relieve coughing.
Anhydrous caffeine	60 mg	Eases headaches

Other ingredients: Cellulose, CMC-Ca, hydroxypropyl cellulose, magnesium stearate, hypromellose, macrogol, titanium oxide, refined sugar, polyvinyl alcohol (partially saponified), talc, calcium carbonate, carnauba wax

# Storage and Handling Precautions

- (1) Store in a cool place with little humidity and out of direct sunlight.
- (2) Store out of reach of children.
- (3) Do not put in a different container. (It can lead to misuse or lowering of quality.)
- (4) Do not handle with wet hands. The surface may dissolve if wet and cause discoloration or unevenness of color. Do not return wet or moist tablets to the bottles as it may affect other tablets.
- (5) The filling in the bottle is to prevent damage to the product during transportation. Please discard after opening the bottle.
- (6) Do not use the product after the indicated expiration date. Also, after opening the bottle, use the product within 12 months.
- (7) Write the date the bottle was opened in the "Date Opened" field on the box.

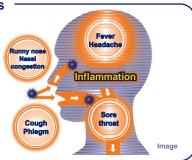
## **Common Colds Causes**

A cold is an acute inflammatory disease of the upper respiratory tract, including the throat and nose.

Viruses and other substances enter the body through the throat or nose, causing an excessive inflammatory response.

This inflammatory response can cause respiratory symptoms such as sore throat, runny nose, cough, and phlegm, as well as fever.

First, controlling and calming inflammation is the key to relieving cold symptoms.



If you have any questions about this product,

please contact the store where you purchased it or at the following address:

## Daiichi Sankyo Healthcare Co., Ltd. Customer Relations Office

3-14-10, Nihonbashi, Chuo-ku, Tokyo, Japan zip/postal code 103-8234 TEL: 0120-337-336 Reception Hours: 9:00 am -5:00 pm (closed Saturday, Sunday, and holidays)

Please check at www.lulu.jp for more information about Lulu.

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Manufacturer and seller

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https://www.daiichisankyo-hc.co.jp/