

Before using, be sure to read these written explanations.
Also please put it in a safe place, so that you can read them when necessary.

Vitamin C Preparations

Class 3 OTC medicine

Alleviation of spots, freckles, and pigmentation due to sun exposure or rash

TRANSINO[®] White C clear

Characteristics of product

- L-cysteine, in cooperation with vitamin C, inhibits the production of melanin which causes spots and freckles. It also promotes skin cell turnover and melanin removal, thus alleviating spots, freckles, and dark pigmentation caused by sunburn.
- Vitamin C enhances the decolorization of melanin that has formed.
- Contains 4 vitamins (E, B₂, B₆, B₃) to promote healthy skin.



Precautions



Things to consult

1. The following persons should consult a physician, pharmacist, or registered salesperson:

- (1) Persons who are receiving treatment from a physician
- (2) Persons who have had an allergic reaction to a drug, etc.

2. If the following symptoms are observed after taking this drug, these may be adverse reactions, so immediately discontinue the use of this drug, and show this instruction to your physician, pharmacist, or registered salesperson for a consultation.

Related Part	Symptoms
Skin	Rash/redness, itching
Digestive organs	Nausea/vomiting, discomfort in the stomach, abdominal pain

3. The following symptoms may appear, but if any of those symptoms persist or increase, discontinue taking the product and bring these instructions to a physician, pharmacist, or registered salesperson.

Diarrhea, constipation

4. If you have taken the medicine for about 1 month with no sign of symptoms abating, stop taking the medicine immediately and bring these instructions to a consultation with your physician, dentist, pharmacist, or registered salesperson.

5. After taking the preparation, menstruation may begin earlier than anticipated, or the amount of menstrual bleeding may become larger. If bleeding persists, consult a physician, pharmacist, or registered salesperson, being sure to take this instruction leaflet with you.

Indications

1. Alleviation of spots, freckles, and pigmentation due to sun exposure or rash
2. Supplementation of Vitamin C in the following cases: physical fatigue, during pregnancy and lactation, decreased strength during and after illness, and for the elderly
3. Prevention of bleeding in the following cases: bleeding of the gums and nose bleeds

“If there is no improvement in symptoms 1 to 3 above after about 1 month of the administration, please consult with your physician, pharmacist, or dentist.”

Dosage and Administration

Take the following amount with cold or warm water.

Age	Amount per dose	Daily dose
Adult (age of 15 and above)	2 tablets	Take twice a day in the morning and evening.
7 to 14 years	1 tablet	
Under 7 years	Do not use.	

<Precautions related to Dosage and Administration>

- (1) Strictly follow the dosage and administration guidelines.
- (2) Can be taken before or after a meal.
- (3) Use for children of 7 years and above should be supervised by guardians.

Ingredients and Quantities

This product is a slightly orangish white to white film-coated tablet. 4 tablets contain the following ingredients.

Ascorbic acid (vitamin C)	1000 mg
L-cysteine	240 mg
D-alpha tocopherol succinate (natural vitamin E)	50 mg
Riboflavin (vitamin B ₂)	6 mg
Pyridoxine hydrochloride (vitamin B ₆)	12 mg
Nicotinic acid amid (vitamin B ₃)	60 mg
Other ingredients: corn starch, lactose, cellulose, carmellose, hydroxypropyl cellulose, magnesium stearate, hypromellose, titanium oxide, talc, macrogol, carnauba wax	

<Precautions related to Ingredients and Quantities>

- (1) Taking this product may affect the results of laboratory tests performed on the urine or feces. If you are examined by a physician, please tell the doctor that you are taking a preparation that contains Vitamin C.
- (2) The riboflavin (vitamin B₂) contained in this product may turn the urine yellow.

Storage and Handling Precautions

- (1) Store in a cool place with little humidity and out of direct sunlight.
- (2) Store out of reach of children.
- (3) Do not put in a different container. (It can lead to misuse or lowering of quality.)
- (4) If the cap of the container is not tightly closed, the product may deteriorate due to moisture. Make sure the cap is on tightly after each dose.
- (5) Do not handle with wet hands. The surface may dissolve if wet and cause discoloration or unevenness of color. Do not return wet or moist tablets to the bottles as it may affect other tablets.
- (6) The filling in the bottle is to prevent damage to the product during transportation. Please discard after opening the bottle.
- (7) The medicines are bottled with desiccant, so do not dispose of the desiccant until the bottle is empty. Please be careful not to take an incorrect dose.
- (8) Do not use the product after the indicated expiration date.

If you have any questions about this product, please contact the store where you purchased it or at the following address:

Daiichi Sankyo Healthcare Co., Ltd. TRANSINO consultation office
3-14-10, Nihonbashi, Chuo-ku, Tokyo, Japan zip/postal code 103-8234
TEL: 0120-013-416
Reception Hours: 9:00 am -5:00 pm (closed Saturday, Sunday, and holidays)

Please check at www.transino.jp for more information about TRANSINO.

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Daiichi-Sankyo

Manufacturer and seller

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<https://www.daiichisankyo-hc.co.jp/>